

Development and Implementation of Emergency Action Plans for DCs Working Sporting Events

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Hour 1

- I. Rule 1: In case of Emergency, Dial 911
- II. Defining the Role of a Chiropractor as a Sport Event Director
 - a. Scope of Practice
 - b. Who is on your team?
- III. Potential Life-Threatening Emergencies
 - a. Cardiac Arrest
 - b. Respiratory Emergencies
 - c. Anaphylaxis
 - d. Head Injuries
 - e. C Spine Injuries
 - f. Hemorrhage / Abdominal Injuries
 - g. GU Emergencies

Hour 2

- IV. Treatment vs Transport Decision Making
- V. Defining Emergency Action Plans
 - a. Event / Venue / Sport Specific
 - b. Identifying Emergency Personnel
 - c. Identifying Emergency Equipment
 - d. Written Plan and Practiced
 - e. Consider All Ages.
- VI. Best Practices for Mass Participation Events
- VII. Essential and Desirable Guidelines for Mass Participation Events

Learner will become comfortable understanding their options as a sideline doctor.

Learner will understand importance of Emergency Action Plans (EAP)

Learner will be able to better prepare for sideline emergencies and how best to contribute to athlete health and safety.

Learner will become familiar with consensus best practices for mass participation events like marathons, baseball/softball tournaments, swimming events, etc.

Learner will discern Essential and Desirable guidelines for mass participation events.

